ALERT

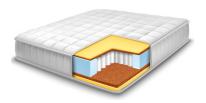
FIBERGLASS MAY BE IN YOUR CHILD'S MATTRESS

How to keep your child safe from fiberglass





The Problem



- ◆ The California Department of Public Health (CDPH) investigated a case where a child's skin and breathing were harmed by fiberglass that came out of their mattress.
- Many people have filed complaints about fiberglass coming out of mattresses to the Consumer Product Safety Commission.
- ♦ CDPH tested four twin and baby mattresses and found fiberglass in two of the mattresses.

What is fiberglass? Why is it in mattresses?







- ♦ Fiberglass is made of thin glass fibers. The glass fibers are sometimes woven into a cloth.
- ♦ Glass fibers are stiff and break easily. They can break into tiny pieces and settle into dust.
- ◆ Fiberglass is used in some mattresses to prevent them from catching on fire. Fiberglass is used instead of chemicals as a fire retardant.

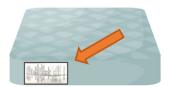
Fiberglass can harm people



- ♦ Contact with fiberglass can irritate the eyes and skin.
- ♦ Breathing in tiny pieces of fiberglass can irritate the nose, throat, and lungs and cause breathing problems.



What to look for when buying a mattress





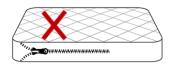
WARNING:

- ♦ Read the mattress label to see if it contains fiberglass. Fiberglass may be called "glass fiber" on a mattress label.
- ♦ Be aware of mattress brands that have received public complaints about fiberglass coming out of the mattress.
 - See complaints reported to the Consumer Safety Product Commission (www.saferproducts.gov/PublicSearch).
 Enter the words "mattress and fiberglass" in the search bar.

CAUTION:

- ♦ Some mattress labels do not list fiberglass even though fiberglass may be inside of the mattress.
- ◆ CDPH found fiberglass in the Zinus 6" Green Team Memory Foam twin mattress and the Graco Crib & Toddler Deluxe mattress. Fiberglass was not listed on the Graco label.
- ♦ Some mattresses display a safety label by CertiPUR-US. It is important to know that CertiPUR-US <u>only</u> certifies the safety of the <u>foam</u> inside a mattress. <u>CertiPUR-US</u> does not certify the safety of other materials inside a mattress.

Keep mattress covers sealed





- ◆ You cannot know for sure if a mattress has fiberglass inside of it. Keep the outer cover of a mattress sealed shut.
 - Never unzip an outer mattress cover.
 - If a mattress cover has a tear that cannot be repaired, get rid
 of the mattress.

What to do if fiberglass comes out of a mattress



- ◆ <u>Protect yourself</u>. When cleaning up fiberglass, wear eye safety goggles, a mask that covers your nose and mouth, and loose-fitting clothing that covers the skin.
- ♦ Remove the mattress. If fiberglass comes out of your mattress, you will probably need to get rid of the mattress. Cover the mattress before you remove it to reduce the spread of glass fibers.





- ◆ <u>Clean the area well</u>. Use a vacuum with HEPA filter. Do <u>not</u> sweep. Doing so can spread glass fibers and push them into the air. Wipe all surfaces with a damp cloth.
- Wash sheets, blankets, and clothes separately from other laundry. Consider washing each item separately. After each wash, rinse the washing machine thoroughly to remove remaining glass fibers.

If the glass fibers are difficult to remove from sheets, blankets, or clothes, throw out these items.

◆ File a complaint with the Consumer Product Safety Commission (www.saferproducts.gov/IncidentReporting)

Questions? Contact Beth.Saiki@cdph.ca.gov or (510) 620-5764

CDPH Study: IJERPH | Fiberglass and Other Flame-Resistant Fibers in Mattress Covers (mdpi.com)

11/5/22